

## FREE SPECIAL DRAGONS KARATE LESSONS

### NEWS RELEASE

#### **Special Dragons and Circle of Care Offer Free Therapeutic Karate Lessons to Passaic County Families**

*Passaic County, NJ*— In a powerful partnership to support children with special needs, **Special Dragons Karate Program** and **Circle of Care CMO of Passaic County** are offering **free therapeutic karate lessons** to residents of Passaic County. Funded by a government grant, this six-month program provides a unique opportunity for children with autism and other disabilities to build strength, confidence, and coordination through the structured practice of martial arts.

**Classes begin the first week of July** and will take place every **Tuesday**. The program consists of **two class groups**:

- One for children ages **5 to 11**,
- Followed immediately by a class for children ages **12 to 21**.

In a spirit of inclusion, **parents are also welcome to participate** alongside their child, fostering stronger bonds and shared experiences.

Now in its **14th year**, the Special Dragons program has grown to five locations throughout New Jersey. Each class is led by **George Bostory**, founder of Special Dragons, an **accredited special needs teacher** and a **6th-degree black belt**. His program has become one of the most trusted and respected in adaptive martial arts for children with disabilities.

This is not a traditional karate program. Special Dragons is specifically designed to use basic martial arts techniques to address a range of developmental challenges, such as:

- **Eye-hand coordination**
- **Motor control**
- **Physical conditioning**
- **Sensory integration**
- **Focus and attention (time on task)**
- And age-appropriate **self-defense**

To help students feel like part of the team, all participating children will receive a **karate uniform and an official Special Dragons patch** at no cost.

**Enrollment is limited to 20 students**, and interested families are encouraged to apply early.

“We are so proud to bring this program to Passaic County,” says George Bostory. “For many families, it’s more than just a class—it’s a path toward growth, confidence, and connection. We’re here to support every child’s journey.”

Families can **register** or get more information by calling **973-667-8525** or emailing **[Info@SpecialDragonsKarate.org](mailto:Info@SpecialDragonsKarate.org)**.

To support this program and others like it, **donations** can be made at [www.SpecialDragonsKarate.org](http://www.SpecialDragonsKarate.org), where you’ll also find more information about their mission and growing community.

